

100% RAW Powerlifting Federation

Fall Bench Press Classic (Orleans, ON)

5 November 2011

Name	Age	Weight	Class	1st	2nd	3rd	4th	KILOS	lbs	Place
BENCH PRESS										
Philippe Bjerring - ON	23	69.1	75	100	-107.5	110	112.5	110	242.506	1
Jason Persand - ON	19		75	No Show						
Frederic Marcotte - ON*	22	81.9	82.5	-145.5	150	167.5	-182.5	167.5	369.271	1
Art Chan - ON	34	78	82.5	150	160	-170		160	352.736	2
Steve Johnston - ON	42	81.2	82.5	-135	140	-145		140	308.644	3
Alex MacDonell - ON	18	79.9	82.5	107.5	115	-123		115	253.529	4
Jared Hamilton - QC	28	77	82.5	102.5	112.5	-125		112.5	248.018	5
Ross Lattanzio - ON	50	89.7	90	172.5	181	-183		181	399.033	1
Craig Pellerin - ON	40	94.4	100	145	152.5	155	160	155	341.713	1
Scott MacDiarmid - ON	43	98.5	100	142.5	155	-162.5		155	341.713	2
Atik Taraboulsi - ON	23	100	100	140	142.5	147.5		147.5	325.179	3
Darren Mallette - ON	39	98	100	-125	130	-150.5		130	286.598	4
Richard Moquin - QC*	43	106.4	110	162.5	175.5	177.5	-182.5	177.5	391.317	1
Ryan Kingma - ON*	24	103	110	152.5	157.5	160	-170.5	160	352.736	2
Jason Howes - ON	26	101.3	110	135	145	-155		145	319.667	3
Simon Blais - ON	24	110.3	125	165	175	-182.5		175	385.805	1
George Flikas - ON	69	122	125	165	175	-185		175	385.805	2
Russell Stocker - ON	48	122.4	125	157.5	167.5	-177.5		167.5	369.271	3
Ryan Wereley - ON	23	122.1	125	165	-172.5	-172.5		165	363.759	4
Rich Machell - ON	29	120.2	125	142.5	152.5	162.5	-167.5	162.5	358.248	5
Jack MacDonald - ON	48	122.1	125	142.5	147.5	-155		147.5	325.179	6
Aaron Runnalls - ON	30	154.3	SHW	150	160	165		165	363.759	1
Jamie Seguin - ON	22	166.4	SHW	165	-170	-170		165	363.759	2
* Indicates Athlete Was Drug-Tested										
Referees: Justin Burns, Hunter Claypatch, and Barry McEvoy										